**CAST-L3 Candidate Initial Learning Statement**

Candidate’s name: ………………………………………………………. Date: ………………………………………………..

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| **What do I want from the course?** |
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| **What skills do I hope to develop?** |
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| **What do I want/need from the tutor/s?** |
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| **What do I want/need from other members of the course?** |
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| **What is my current understanding of counselling?** |
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| **What personal qualities do I have which I think will be useful in counselling others?** |
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| **What might I find difficult about counselling others?** |
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| **What draws me towards becoming a counsellor?** |
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